

**Berwick Amateur Rowing Club**

**Covid-19 Risk Assessment for Berwick LDS**

Last reviewed and updated on 29<sup>th</sup> August 2021

Location: River Tweed, West Ord to Tweed Green

Date: 2<sup>nd</sup> October 2021

Potential source of risk	Risk Identified	Who/what at risk	Seriousness	Probability	Acceptable risk ?	Planned actions to address the risk	By whom?	By when?	Notes	
					Very low or low risk - no action needed; medium risk -reduce if practicable; high/very high risk - needs action to reduce					
			Extreme, high, moderate or slight	Very likely, likely, unlikely, very unlikely						
<b>1. 1 Prior to race day</b>										
1.1	<b>Social distancing good practice on the water</b>	Person/s becoming infected with COVID-19	All participants and spectators especially competitors, marshals, launch crews;	Slight	Unlikely	Low	<p>Safety Launches:</p> <ul style="list-style-type: none"> <li>All volunteers will be equipped with, and will be using, appropriate PPE.</li> <li>A plan as to who is marshalling will be agreed upon before the event to minimise the risk.</li> </ul> <p>Competitors:</p> <ul style="list-style-type: none"> <li>Should maintain at least 1 boat lengths distance when out on the water.</li> <li>In the event of a capsize athletes are encouraged to try and get back into their boat, if it is safe to do so, or will be brought into the launch as per normal procedures.</li> <li>Replacement PPE will be provided to the launch crew.</li> </ul>	Organising committee, race chairman, safety adviser	Day of event	
1.2	<b>Social distancing good practice off the water</b>	Person/s becoming infected with COVID-19	All participants and spectators especially competitors, marshals, launch crews;	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>All reasonable steps should be taken to maintain a 1m social distance whilst on the land.</li> <li>Toilets will have limited occupancy and cleaning materials made available.</li> <li>A one-way system will be implemented to help facilitate social distancing on and off the water where possible.</li> <li>Information regarding boating location will be provided to competitors on the day.</li> <li>Competitors are asked to rig boats in the designated areas close to their trailer.</li> </ul>	Organising committee, race chairman, safety adviser	Day of event	
1.3	<b>Shared use of facilities</b>	Person/s becoming infected with COVID-19	All participants and spectators especially competitors, marshals, launch crews;	Moderate	Unlikely	Medium	<ul style="list-style-type: none"> <li>Cleaning materials, handwashing facilities/hand sanitiser and hygiene procedures will be in place.</li> <li>Appropriate methods of waste disposal for cleaning products will be available.</li> <li>If clubs are planning on boat sharing between athletes, it is their responsibility to put guidelines in place for this and provide the necessary cleaning equipment.</li> <li>Shared equipment should be cleaned before and after each use, and other surfaces should be wiped down frequently.</li> <li>Competitors are advised to travel to the</li> </ul>	Host Club Safety adviser Competitors	Day of event	

							club wearing the kit that they intend to row in, and to travel home to shower and change. <ul style="list-style-type: none"> <li>• Separate toilet cubicles will be available.</li> <li>• Cleaning materials will be provided in toilets and spot checks undertaken.</li> <li>• Hand sanitiser will be available at various points throughout the site.</li> </ul>			
1.4	Shared use of equipment (launches, club blades, club boats, etc)	Person/s becoming infected with COVID-19.	Competitors, volunteers, coaches.	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>• Wipe boats and other rowing kit with disinfectant at the start and end of each period of use (i.e. before and after each person uses the equipment).</li> <li>• Any shared equipment should be sanitised between use.</li> <li>• Visiting clubs advised to make their own arrangements to sanitise any of their own equipment they are sharing.</li> </ul>	Host Club Safety Adviser Competitors	Day of event	
1.5	<b>Catering facilities</b>	Person/s becoming infected with COVID-19	All participants, marshals, and spectators	Slight	Unlikely	Low	<p>Before race at boating area</p> <ul style="list-style-type: none"> <li>• Outside take away food and hot drinks will be available on site..</li> <li>• All food and drink will be provided in fresh containers/serviettes.</li> <li>• Hand sanitiser will be available</li> </ul> <p>After event at Clubhouse</p> <p>Hot food will be available upstairs in the clubhouse. All food and drink will be provided in fresh containers. Hand sanitizer will be available.</p>	Host club	Day of event	
1.6	<b>Maintaining hygiene</b>	Person/s becoming infected with COVID-19	Competitors, marshals and spectators	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>• Everyone visiting the site will be encouraged to use the alcohol-based hand sanitiser or wash their hands regularly for at least 20 seconds.</li> </ul>	All attending	Day of event	
1.7	<b>First Aid</b>	Person/s becoming infected with COVID-19	Competitors, marshals and spectators	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>• Trained first aiders will be on site.</li> <li>• Safety launches will be equipped with appropriate PPE. This should include face mask and gloves for those in the launch, and a spare face mask for anyone that might need rescuing.</li> <li>• After administering first aid, it is essential to: Remove and dispose of any PPE (used PPE should be treated as clinical waste).</li> <li>• Wash hands thoroughly with soap and hot water for at least 20 seconds.</li> <li>• Wash all clothing as soon as practicable.</li> <li>• Be prepared to self-isolate and follow national guidance if COVID-19 symptoms develop after providing direct first aid.</li> </ul>	Organising committee with safety adviser	Day of event	
1.8	<b>Test and trace</b>	Person/s becoming infected with COVID-19 and not having the correct details.	Competitors, marshals and spectators	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>• In the case of a person testing positive for COVID-19, to help identify contacts of that person for the purpose of NHS test and trace, a log of those attending with club contact details will be held via the entry information.</li> <li>• In addition, anyone attending the event will be asked to scan the QR code with the NHS Track and Trace app.</li> <li>• In the case of a person visiting the event testing positive for COVID-19 afterwards, it is the affected persons own responsibility to contact their own rowing club to inform any other potential persons affected. Said person should also inform the hosting regatta Covid Officer.</li> </ul>	All attending	Day of event	

1.9	Public Rights of Way	Person/s becoming infected with COVID-19	Competitors, volunteers, coaches, and general public.	Slight	Unlikely	Low	<ul style="list-style-type: none"> <li>• The general public are entitled to use the footpath along the river and may stop for a period of time and watch the event.</li> <li>• Signage will be in place to encourage the general public to follow good practice for social distancing</li> <li>Hand sanitiser will be available at various points throughout the site</li> </ul>	Organising Committee Safety officer	On dsy of event	
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