Northern Rowing Council AGM on 9th November 2011

Report of the Coaching Development Officer

1. British Rowing Membership Northern Region – 2191 – Sept 11

2. Overview

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| Dec 10 | • North East Indoor Rowing Championships  
• Tyne and Tynemouth become Explore Rowing Pioneer clubs |
| Jan 11 | • Club Development Conference  
• Durham County Go Row indoor final  
• Northumberland Go Row indoor final  
• Open L2 at Tees RC  
• British Rowing Membership hits 2000 members in the North East  
• Tees, Talkin Tarn, Chester-le-Street and Hexham all become Explore Rowing accredited clubs. |
| Feb 11 | • Tees Valley Go Row indoor final  
• Tyne and Wear Go Row indoor final |
| Mar 11 | • JIRR Trials held at Cambois  
• North East Go Row indoor final held at Durham University, Queens Campus  
• Tyne United build indoor rowing tank. |
| Apr 11 | • Durham University boathouse at Maiden Castle officially opens |
| May 11 | • Cambois hold centenary regatta  
• Talkin Tarn Boathouse complete |
| June 11 | • DCR L2 Durham  
• Talkin Tarn re accredit for Clubmark |
| July 11 | • Cambois & Tees offered funds from HSCT to refurbish Project Oarsome boats.  
• Great Tyne Row held for the first time.  
• Old C&C coach positions end. (Debbie & Ross) |
| Aug 11 | • DU sculling camps at Tyne United  
• Berwick Trades Fours  
• Chester-le-Street Windermere training camp  
• Cambois hold junior fun regatta.  
• New CinC post starts in region (Debbie Connolly) working with Talkin Tarn, Tees, Sunderland and Hexham |
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| Sept 11    | City of Sunderland become Explore Rowing accredited  
|            | Gateshead Rowing Development group formed  
|            | • Open L2 at Tyne RC  
|            | • Series of IR4YP & JRLA courses run with TBSF  
|            | • New HSCT coach (James Carew) starts working with Chester-le-street and Queen Elizabeth High School.  
|            | • Northumbria University relocate to TURC  
|            | • Chester-le-Street Sea Cadets become Explore Rowing accredited.                                                                                                                                          |
| Oct 11     | • Newcastle Schools Rowing Association formed  
|            | • Tony Blair launches the North East Indoor rowing competitions.  
|            | • Start workshop by Steve Gunn run at DARC                                                                                                                                                               |

3. Club Matters

- **Berwick ARC:**
  - Successfully ran Trades Four Regatta, club regatta and Berwick LDS/SBH

- **Cambois RC:**
  - Successfully ran its centenary regatta
  - Received funding from HSCT to refurbish PO boats
  - Held a fun regatta day with several other clubs

- **Chester-le-Street:**
  - Has become an Explore Rowing accredited club
  - Space and lack of equipment increasingly seen as a problem with growing membership, the club is looking into expansion to help with storage and training issues
  - HSCT coach now working with the club

- **Durham ARC:**
  - New Explore rowing co-ordinator employed (Michael Hughes)
  - The club continues to run a series of very successful Learn to Row courses.
  - Largest British Rowing membership in the region with 16+ numbers continuing to grow

- **Hexham RC:**
  - Boathouse redevelopment completed still looking to finish some issues
  - Has become an Explore Rowing accredited club
  - The Club is also working with the CinC coach

- **City of Sunderland RC:**
  - Increasing membership needed and has a large population to draw from
  - Club could do with more coaches/volunteers to help assist with any new intake
  - The Club is also working with the CinC coach
  - Has become an Explore Rowing accredited club

- **Talkin Tarn:**
  - Boat house completed and now in use
The club is also looking into links with local schools and the local University
Club has become an Explore Rowing accredited club
The Club is also working with the CinC coach

- **Tees RC:**
  - Adaptive rowing still going well within the club, with rowing taking place at various levels
  - The club is looking into ways to increase and retain its 16+ membership
  - Katherine Copeland breaks world U23 LwtW1x world at U23 World Rowing Championships, and gains silver at Senior Worlds in LwtW1x
  - The Club is also working with the CinC coach
  - Has become an Explore Rowing accredited club

- **Tynemouth RC:**
  - The club is looking to improve its current facilities
  - The club has also become a Pioneer Explore rowing club and received 3 coastal boats

- **Tyne RC:**
  - The club is looking to improve/refurb its current facilities
  - The club has also become a Pioneer Explore rowing club and received a boat package of 6 boats
  - Second largest growing club in the region for 16+ British Rowing membership
  - Largest growing Junior (U19) club in the region for British Rowing Membership
  - Newcastle Schools Rowing Association formed
  - The club is looking to retain their community sports coach

- **Tyne United:**
  - The club has completed its rowing tank and continues to improve its gym area
  - Gateshead Rowing Development Group formed
  - The club is looking to retain their community sports coach

4. **University Boat Clubs**
   - **Durham:**
     - New boathouse facility and rowing tank located at Maidencastle will soon be completed
     - Remains in first place overall BUCS points for the 2010-11 season
     - Durham Rowing Board reformed to overlook all rowing within the University and College clubs.
     - Various rowers represent GB at World U23 Rowing Championships

- **Newcastle:**
  - Boat house refurbishment and extension now complete
  - New coach/boatman employed over the summer.
  - Club now shares its facilities with the Canoe club.
  - George Rossiter represented GB at World U23 Rowing Championships

- **Northumbria:**
The club has moved to Tyne United Rowing Club.
Active university bid successful and will now run a series of Learn to Row courses for the University.

- **Sunderland:**
  - Club has had a slightly larger intake than normal hopefully this will help the club grow.

- **Teesside:**
  - University club now coached by Darren Cooper.
  - University working closely with TBSF to improve quality of the coaches at the university and to work with schools in the area to allow more indoor rowing, and improved experience for the students.

5. **School Boat Clubs**
   - Durham School
     - Two new coaches employed by the school
       - Eddie Bryant
       - Francis Fletcher
     - Nicole Lamb represented GB at World Junior Rowing Championships
   - Queen Elizabeth High School
     - HSCT coach now working with the club.
   - St Leonard’s
     - Continuing to grow and improve since the boathouse has re-opened.
   - Yarm School
     - New pontoon built at school site.
     - Andrew Brown represented GB at World Junior Rowing Championships

6. **Clubmark Accreditation**
   - Talkin Tarn has become reaccredited.
   - Durham ARC needs to reaccredit for December.
   - Hexham and City of Sunderland accreditation ongoing.

7. **Coach Education**
   - L2. 2006 23 Candidates, 11 completions. 12 timed out
   - L2. 2007 12 Candidates, 8 completions. 4 timed out
   - L2. 2008 24 Candidates, 20 Completions. 4 timed out
   - L2. 2009 36 Candidates, 28 Completions. 8 timed out
   - L2 2010 43 Candidates, 33 Completions, 10 pending assessment
   - L2 2011 36 Candidates, 12 Completions. 24 pending assessment
     - Feedback Tees – 6 Excellent, 4 Good, 2 Average
     - Feedback DCR – 5 Excellent, 6 Good, 1 Average
     - Feedback Tyne – 6 Excellent, 1 Good, 5 Average
   - Total Numbers
- Total assessed = 110 / 174 (63%)
- Total Failed to complete / timed out = 28 / 174 (16%)

- Past two years
  - Total assessed = 43 / 79 (54%)
  - Total awaiting assessment = 36 / 79 (46%)

- January 2011 L2 course filing.
- Plans for 3 more L2 courses to run in region before Nov 2012 (Open Tees January, DCR June, Open Tyne September)
- Level 3’s, IAP’s and CTS courses currently on hold, due to reorganisation from 1st4Sport.
- Workshops are able to be rolled out, need to orientate some tutors.

8. British Rowing Coaches
   - New post Regional Development Coach (Coaches in Clubs Scheme)
     i. Debbie Connolly
     ii. Started position on 1st of August 2011
     iii. Working with City of Sunderland, Hexham, Talkin Tarn and Tees.
   - Targets
     i. Achieving the effective delivery of targets and objectives of the programme.
     ii. Achieving and aiming to exceed projected growth in British Rowing membership. (18 16+ members per club by March 2012, with 36 more per club from March 2012 and March 2013)
   - Training Camps
     i. Debbie currently in talks with Phil Tully regarding first training camp date, structure and criteria.
     ii. First day scheduled for Saturday the 12th November.
   - New HSCT coach in post
     i. James Carew
        1. James.carew@britishrowing.org
     ii. Working with Chester-le-street and Queen Elizabeth High School

9. Great Tyne Row
   - Ran successfully with 11 crews. Short of the 15 needed to break even on costs.
     o 2 women
     o 3 Men
     o 6 mixed
   - One safety issue of rough water in Tynemouth bay but safety plan had recognised this and it was decided that crews would land before entering the bay.
   - Response from crews was very good. Clubs that entered composite crews showed lots of enthusiasm to produce their own club crews next year.
   - Proposed committee structure below:
     Lead Organiser
Entries Secretary

Safety:

   Event Safety advisor
   Launch Safety Lead
   Lead Land/Boating Safety Marshall

Club Reps:

   Tyne
   Tynemouth
   Tyne United

Sea Cadets contact/advisor

Corporate boat organiser

NRC Rep:

   Recreational Co-ordinator
   Other

Volunteer Co-ordinator

Public Relations officer/Fund Raising

Treasurer

Port of Tyne Contact

- Ways to expand the event could include:
  - Including Sea Cadets
  - Hiring out corporate boats (fixed seat)
  - Other fixed seat boats.

- Due to the nature of the water I would highly recommend against fine or coxless boats. The explore rowing boats were fine in the rougher conditions but fine fours would have probably sank and eights would have run the risk of breaking up.

- All safety/organisation documents still exist for use.

- Asked about issue of cost for the event no concern was raised about this by crews who had entered and most said they would enter again for the same cost.

10. 2011-12 plans

- Complete/ reaccredit DARC, Hexham and City of Sunderland clubmark folders.

- Coach Education to be submitted soon for 2012. 3-4 L2 courses planned.
  - Current courses planned
    - Tees - 7th, 8th, eve 10th, 14th, 15th, eve 17th January
    - TBC – April (If possible with tutors/assessors)
    - DCR - Week before Durham Regatta in June
    - Tyne – September
  - No plans for Level 3, IAPS or CTS courses at present due to courses being restructured with 1st4sport.
  - Run an IAPS and CTS course in the region (possibly with Yorkshire and North West) as soon as possible, once updates are complete.
  - Working more with TBSF to provide funding for coaching courses.
• Club development conference planned for 29th January 2012.
• Increase 16+ membership of British Rowing, wherever possible.
  o Work with DCR colleges and universities on Wednesday afternoons to help coaches, crews with participation/retention.
  o Encourage the growth of daytime/recreation rowing, especially at Explore rowing pioneer clubs.
  o Assist smaller clubs with L2R courses where needed.
  o Create a regional “Sunday league” series with clubs with Explore rowing style quads. To encourage a level between full competition and recreational rowing.
  o Continue and expand the Great Tyne Row with assistance from NRC.
  o Look into possibilities of working with new areas for participation figures. E.G. Boat hire companies, Gyms, Sea Cadets etc.
• Indoor Rowing competitions
  o Continue to work with TBSF in running and organising Indoor Rowing events for juniors.
  o Run first adaptive indoor rowing event at Percy Headly sports centre.
• Implement British Rowing WSP in the North.