

It has been a tough year for coach education delivery in the Northern Region with several changes at British Rowing and a huge change in personal circumstances for myself. Everything is now beginning to get back on track.

Coach Education Team

Ray Dominy joins the Team for the Northern Region this will be a huge benefit as it is very unlikely that BR will train any further Coach Educators for the Region and will use travelling tutors on top myself, Kate O'Sullivan and Ray.

Courses

Finished Courses

Level 2 Club Coach January 2022 Durham

Course went ahead with 12 participants, 50% have now been assessed and have completed

Level 2 Session Coach June 2022 Online / Cambois

Course went ahead with 10 participants with final assessments to take place soon

Level 2 Strength and Conditioning Course October 2022 Durham

Course went ahead with 5 participants – Poor turn out from region

Planned Courses

University Coaching Assistant Online 11/12/22 Currently on BR Website

Level 2 Club Coach Durham 2023 Currently on BR Website

Level 2 Club Coach Tyne July / August 2023 In planning

Level 2 Club Coach Durham Jan / Feb 2024 In Planning

Assessments

Level 2 Assessments are now taking place face to face.

Safeguarding and First Aid Qualifications

Please remember that you must have an up-to-date safeguarding qualification and first aid certificate for your coaching qualification to be valid for insurance purposes.

Women's Development Program

The women's development program kicked off this month. It invites coaches and athletes J15-U23 to join. The program will look at power and skill development. More information on the British Rowing website. We have 12 athletes selected from 23 applications and 7 coaches signed up this year in the region. It was a shame no colleges signed up to the program this year. Last years program was very successful with some great feedback.

GB Rowing Diploma in Sporting Excellence

Several athletes graduated the program this year moving onto the next stages of their rowing career.

James Purves- Liddell – Newcastle University

Alice Bradley – Michigan State University, USA – Full Scholarship

Erin Temple – Duke University, USA – Full Scholarship

Ella Shaw – Oxford Brookes University

Charlie Bottomley – Leeds University

Four more athletes from the region have been successful in joining the program for the next two years. If anyone wants further info on DiSE let me know.