



# Junior Inter-Regional Regatta 2024

## Team North Medal Winners, The Martin Humphrys Cup and Region's First Adaptive Competitor



**Silver Medal - Quinn Mosley J15 1x  
(1<sup>st</sup> Sculler) from Durham Amateur RC.  
Presentations by Olympian Jess Eddie**



**Gold Medal - Ethan Thompson J15 1x  
(2<sup>nd</sup> Sculler) from Hexham RC**



**Bronze Medal – Sonny Hughes and  
Harry Shaw from Cambois RC**



**Gold Medal – Elyssa Stoker WJ15 1x  
with coach Sarah Hodge from  
City Of Sunderland RC**



**Martin Humphrys Cup  
Pauline Higgins Northern Team  
Manager with Martin Humphrys**



**Jack Donaghy adaptive athlete from Tees RC  
is the first rower in this class representing  
the Northern Region in the AR - O 1x event.**