

## Junior Report for meeting of NRC on Monday 17<sup>th</sup> June 2024.

### **National Schools Regatta 2024**

The regatta this year was attended by a greater number of local crews than in previous years. 9 Clubs and 33 crews compared with 5 clubs and 9 crews in 2023. I hope the move to Nottingham next year will encourage further improved attendance.

Firstly, I would like to congratulate the sole medal winners from this region at the NSR 2024. **The Hexham WJ16 4x- ( Cassie A, Esme P, Emma N, Bel C) who came home with a Silver Medal**, one step better than their Bronze last year.

The live stream allowed me to follow all the northern races after the TT and I would like to thank all the coaches and parent supporters who attended with their athletes for their hard work and organisation which allowed their athletes to perform at their best.

Although not medal winners there were many crews and individuals who deserve congratulations for their performances gaining them Final A or B positions. However, I am sure all athletes who competed gained experiences, which will improve their rowing and provide a stepping stone for future success.

I attach a spreadsheet, which has already been published on Northern Rowing website and Facebook showing the results of all northern crews. At the bottom of the spreadsheet of results are details of three northern rowers (Mia Lowes, Issy Johnson, Harvey Burford) who have moved south to widen their experience.

I have asked for feedback from clubs but to date have had no responses.

Please see below in the Junior Rowing Council (JRC) Section for details of a discussion on NSR at the June meeting of JRC.

### **GB U19 Pathway 2023 - 2024**

**GB Final 5<sup>th</sup> Ergo Assessment, 2km Free Rate had to be submitted between 27 May – 10 June 2024. Details of athlete submissions are no longer published but a summary is available on the GBRT website.**

### **GB Crew Formation 2023 – 2024**

**Wed 10 July - Potential Crew Formation Race Off at Caversham**

**Fri 12 July - Tues 16 July - U19 Final Crew Formation NWSC**

At the time of writing further details and athlete participants had not been published.

However, BR will be hosting a Q&A call on Wednesday 19th June for any coaches with athletes invited who have any questions about crew formation.

Final Crew Formation Coach Q&A

Wednesday, 19 June · 7:30 – 8:30pm

Video call link: <https://meet.google.com/omp-khww-edi>

## WOMEN'S HENLEY 21<sup>st</sup> – 23<sup>rd</sup> JUNE 2024

Juniors from the Norther Region involved:

### Junior 1x : The Di Ellis Trophy

CSN Sunderland City H. Stoker

### Junior 2x : The Rayner Cup

CSN Sunderland City H. Foskett, I. Wilson

### Junior 4+ : The Groton School Challenge Cup

TYN Tyne RC (A) I. Dalby, I. Temple, J. Wildsmith, H. Seymour, [Cox] A. Lancon

TYN Tyne RC (B) M. Callaghan, M. McGagh, K. Flood, F. Collen, [Cox] M. Dool

## GB ROWING TEAM J16 GB v FRANCE MATCH SELECTION TRIAL NATIONAL WATER SPORTS CENTRE, SUNDAY 30 JUNE 2024

The following local juniors will be attending this trial:

Tyne ARC :	WJ16 1x :	Kate Flood
	J16 1x :	Archie Walton
City of Sunderland :	WJ16 1x :	Elyssa Stoker
Cambois RC :	J16 1x :	Owen Thornton
Hexham RC :	WJ16 4x- :	Cassie, Belle Cain, Esme Pugh, Emma Nicholson
	WJ16 2x :	Ania Stobbart, Emily Lunt
	J16 2x :	Jacob Lloyd, Harry Westlake
	J16 2x :	Ethan Thompson, Joe Gaskins
	J16 1x :	Dan Cantwell
	J16 1x :	Finn Condren

- The **42nd GB v France J16 Match** between the French Rowing Federation and the GB Rowing Team (GBRT) will be held in Léry-Poses on Saturday 13 July.
- The GB v France J16 Match is a team event in the following boat classes:  
J16 Women: 1x, 2x, 4x, 2-, 4-, 4+, 8+ J16 Men: 1x, 2x, 4x, 2-, 4-, 4+, 8+
- To be considered for selection athletes should be a member of a club or school that is affiliated to British, Welsh or Scottish Rowing. Have been a member of the stated programme since 1 October 2023 and have completed the majority of their racing for the stated rowing programme since 1 October 2023.
- All entries for the GB Rowing J16 Trial are to be made using British Rowing's Online Entry system (BROE2). Entries open on Monday 10 June and close at 4pm on Sunday 23 June. The cost for rowers and coxswains is £23 per seat\*.
- **The GBRT trial** where a full team will be selected will run on **Sunday 30 June 2024** at the NWSC, Nottingham.  
**Please Note The Format for the GBRT J16 Trial has changed for 2024.**
- All details are available on the GBRT U19 Trials Site

# HOME INTERNATIONAL REGATTA (HIRR) TEAM SELECTION TRIAL NOTTINGHAM SAT 13<sup>th</sup> JULY or through the GBRT U19 Trials Process

The following local juniors will be attending England Trials:

City of Sunderland: JW1x Holly Stoker, JW1x Elyssa Stoker

JW2x Elyssa Stoker(stroke) and Holly Stoker (bow)

- The HIRR will take place on **Saturday July 27<sup>th</sup>, 2024**, at Strathclyde Park, Scotland hosted by Scotland.
- Entries for the trial open on BROE2 on Mon 17<sup>th</sup> June (noon) and close on Thur 11<sup>th</sup> July (noon). Cost £20 per seat.
- The Junior team will consist of boat classes 1x (A), 1x (B), 2x, 4x, 2-, 4-, 4+ & 8+ Junior Men – 4 Scullers, 10 Sweep + 1 cox. Plus 2 Coaches  
Junior Women – 4 Scullers, 10 Sweep +1 cox. Plus 2 Coaches
- 1x & 4+: Athletes for the 4+ and one of the 1x will be selected after GBRT U19 Crew Formation from the highest ranked rowers eligible to represent England. In the event of rowers 5 not being eligible from U19 GBRT Crew formation, rowers from the England Trial that meet GMT% times will be selected.
- 1x, 2x, 2-, 4-: These boat classes will be offered and selected from the England Team trials.
- Further Information on the British Rowing Website:  
[England Rowing announce 2024 Selection Policies and new volunteer opportunity - British Rowing](#)
- Contact [hirr.tm@englandrowing.org](mailto:hirr.tm@englandrowing.org) Team Manager is Chris McManus

## British Rowing Beach Sprint North East Academy

There is further encouragement for local clubs and juniors to become involved in the BR Beach Sprint format of rowing. There was a meeting held at Tyne ARC on Wednesday 5<sup>th</sup> June where Tom Pattichis (BR Olympic Pathway Manager) and Nathaniel Reilly-O'Donnell (Director of Pathways) explained how BR are looking at the potential for the North East to be the base for a Beach Sprint Academy. The programme would involve partnerships with local clubs and would be based around two sites at South Shields and Redcar.

If local clubs decline to show interest then we may lose the opportunity to host the academy in this region. We have had local junior success in Beach Sprints with Robbie Collen and James Purves Liddell gaining a silver medal in the CJ2x Beach Sprint World Championships in 2022. The BR Beach Sprint Strategy and Selection Policy will provide additional guidance.

<https://www.britishrowing.org/wp-content/uploads/2024/04/GBRT-Beach-Sprint-Selection-Policy-2024-1April-2024.pdf>

Key Dates:

<https://www.britishrowing.org/wp-content/uploads/2024/03/GB-Beach-Sprint-Team-Dates-and-Selection-Policy-Summary-2024-13Mar2024.pdf>

# Junior Rowing Council Meeting Thursday 14 June 2024

## Junior competitions updates

- **JIRR:** Concern was expressed from some regions about the introduction of a double lot of 1x. Also, the Time Trial format came in for some criticism compared to two side by side races. It was also felt that there was a disconnect from the 'Team Environment' with many athletes not feeling part of a Team and this has got worse in recent years. To try to improve the 'Team Environment' it was suggested to have specific allocated trailer spaces for Teams.

The idea of a two day event was discussed and inclusion of other year groups but there must be consideration of increased costs.

It was felt JIRR must not become like other regattas and must retain its specific identity, which has been an inspirational event for young rowers over many years.

Date for 2025 could be Sat 26th April (TBC)

- **National Schools' Regatta** – report from Mike Martin (NSR Chairman)  
A very successful regatta this year at Eton Dorney. Nearly 5300 competitors from 153 clubs/schools over the 3 days of racing ages J14-J18.

Mike praised the organising committee and the huge number of volunteers required to stage the event.

On the water, there was some great racing. Friday with 2 different distances for the age groups. The decision to use the main start worked well and allowed the crews to attach more easily, and allow the regatta to run to time (almost). It did mean that J14s finished at the 1000m mark which was not our first choice. However, on the day a large crowd made their way to the 1000m finish and created a really positive atmosphere for the young athletes.

61 different clubs secured medals. Special mention must go to St Paul's School who won Champ 8, 2nd 8, 3rd 8, J15 1st 8 and J15 2nd 8.

The Live stream through Giggabox was great and integrating the results with the race footage was impressive.

NSR Charitable Foundation was able to give approx. £44000 of grants last year.

NSR is moving to NWSC, Nottingham for the regatta in 2025.

Concerns were raised about Nottingham only having 6 racing lanes and accommodation in the Nottingham area.

- **Brit Champs:** BRJSCC 24

The British Junior and Senior Club Championships will take place over 4 days over Friday 19th – Monday 22nd July at NWSC. We are very pleased to continue to provide a full programme of Junior Events (J14-J18) through the event. Although there is no doubling up allowed on the day, the programme is designed to allow competitors to race in more than one event over the course of the regatta. This follows the model used in 2023, very successfully.

The spreading over 4 days has allowed, too, for a number of senior club events to be accommodated and brings back a proper British Club National Championships, for the first time in years.

Concern was expressed about independent schools not attending because the event falls outside their academic year.

- **GB U19 update**

Good showing at Munich and at Junior Euro Champs (Lower 6th in some boats due to A Levels the day after the event – good development)

- Changes to GB/France Trials – be aware when entering! All on BROE.
- Invites to final crew formation trials going out very soon
- There will be a clamp down on GB ergo submission dates next season
- Early part of trials – can this be modified? Regional trials? Use December camp differently? Watch this space! Any comments from regional reps to DC
- GB Wash-Up on 5th Oct will be hybrid – hopefully more people will attend
- US universities – **Any athlete considering studying in the USA is encouraged to contact Vicky.** Vicky Spencer is the GB Transition coach through Juniors and U23s she can help guide through USA universities. Use of agents should be looked into carefully – be wary!

### **British Rowing updates**

Research completed into youth rowing programs – a whole range of replies which will be shared when ready.

Webinars – Ensure you are aware of the BR webinars - 2 last week.

24th June – Fundraising webinar for rowing clubs.

### **Final Notes:**

- I asked clubs to provide me with details of athletes attending the national events mentioned above and I thank Cambois, City of Sunderland and Tyne ARC for responding. However, an athlete not mentioned above and worth a shout out is Olivia Lewis (Cambois) who won WJ15 1x North of England Sculling Championship at Durham Regatta 2024 whilst currently WJ14.
- There will be a Regional Wash Up Meeting For JIRR 2024 on Monday 1<sup>st</sup> July 7.30pm. This will be by zoom and all junior coaches on my contact list will receive a link.
- Are you fully aware of the BR Sustainability Strategy. BR had a very interesting webinar on this on Monday 3<sup>rd</sup> June 2024 attended by Geoff.  
Following recent growing concerns over water quality this has increased significance and clubs should have their own strategy and associated policies.  
BR Vision : A clean and flourishing environment in and around our waters – for now and for future generations.  
BR Aim: To empower the rowing community across Britain to work together to learn, share and develop robust sustainable practices to protect the sport we love and our planet.
- Clean Sport Training. BR have run a series of three ‘I Row Clean’ webinars ( Monday 27<sup>th</sup> May @ 7:30pm - 8:30pm, Wednesday 5<sup>th</sup> June @ 7:30pm - 8:30pm and Saturday 8<sup>th</sup> June @ 7:30pm - 8:30pm) for athletes and coaches involved in GB Pathways. It is important for coaches to have a current qualification uploaded to their BR profile if they intend to attend U19 GBRT events. This training will have increased significance for trials 2024 -2025.