

Junior Report for AGM of NRC on Monday 14th November 2022.

JIRR 2022

The JIRR organisers were keen to put on event in 2022 as the last time this event ran was in 2018. The event moved to Peterborough in 2019 but was cancelled because of strong winds and Covid restrictions caused cancellations in 2020 and 2021.

The conditions were very poor with strong easterly tail winds whipping the lake into a foaming mass at the pontoons. The published format of 1500m time trials and then 1500m side by side finals was swiftly changed to two six boat side by side time trials over 1000m with a start pontoons to the 1000m marker. The positions awarded were based on the recorded time in these two heats (time trials).

The team appreciated the support of the NRC in the purchase of team sweatshirts. A new design for 2022 courtesy of Geoff Higgins shown below.



Results & Medals

| | | |
|---------|--------|-----------------------------|
| J14 1x | Gold | Chester Le Street |
| J16 1x | Gold | Chester Le Street |
| WJ14 2x | Bronze | Queen Elizabeth High School |
| WJ15 2x | Bronze | Chester Le Street |
| WJ16 1x | Bronze | Chester Le Street |
| WJ16 2- | Bronze | St Leonards School |
| WJ16 4- | Bronze | Queen Elizabeth High School |

The team overall points score was 177 putting them in 7th place and awarded the Martin Humphrys JP Cup. This cup is awarded to the highest placed team across all events with only those teams that in the previous Regatta were placed overall between 7th and 12th inclusive being eligible. Full results and yearly comparison data are in the Spreadsheets (on website with June's report) and using link <https://rowresults.co.uk/jirr22>

Adaptive Rowing JIRR 2022

In a most promising move the JIRR 2022 featured adaptive racing for the first time ever. The Northern Region did not enter any adaptive rower and it would be a suitable target to ensure this is rectified for 2023. If any club considers they have junior rowers who may meet adaptive criteria please get in touch.

JIRR Trials and Event for 2023

The trials are set to take place on **Saturday 11th March** kindly hosted again by Cambois Rowing Club. Racing will be over 1500m. I hope to set up entries on BROE2 again this year and will close on Sunday 5th March. As we are an affiliated event a small charge of £1 per seat will be charged. I intend to use this to cover the cost of First Aid Cover at the trials. BR will not charge their usual fee.

The event this year is to be held in Nottingham on Sat. 22nd April. There may be changes to the previous format but these have not been agreed at this time.

GB Junior Selection

GB Junior Rowers Seeking Selection (EID 2022)

Robbie Collen (QEHSRC)

Jennifer Napora (DARC)

Alice Bradley (DUS)

Ella Shaw (SLSRC)

Erin Temple (TARC)

Rebecca Wearmouth (TARC)

James Purves-Liddelle (DUS) (U20)

Unfortunately, none of those who set off down the GB pathway were selected this year for either The Coupe or World Championships.

Robbie Collen (QEHS/TARC) and James Purves-Liddelle (DUS) were selected for the World Beach Sprints Championships which were held at Saundersfoot in Wales. They were very successful gaining a BRONZE medal.

Rebecca Wearmouth (TARC) was selected for the JW A 1x and the JW 4x to represent Scotland in the 2022 Home International Regatta at Docklands. Results : 2nd in JW A 1x and 2nd in JW 4x

Erin Temple (TARC) was selected for the JW4+ and the JW8+ to represent England in the 2022 Home International Regatta at Docklands. Results: 1st in JW4+ and 1st in JW8+.

Harvey Burford (CLS) was selected as the spare rower after coming second in the J16 1x trials for the GB v France Match

Harvey Burford (CLS) was also selected for the JM B 1x and the JM 4x to represent England in the 2022 Home International Regatta at Docklands. Results : 2nd in JM B 1x and 1st in JM 4x.

Juniors Moving on

Erin Temple (TARC) has gone to row at Tideway Scullers.

Harvey Burford (CLS) has gone to Sixth Form at St. Edwards School (Teddys).

Mia Lowes (CLS) has gone to Sixth Form at Wycliffe.

GB Junior Rowers Seeking Selection (EID 2023)

The first set of water trials for 2023 selection are to be held on Sat 12th November at Boston Rowing Club. The following athletes have met the criteria to attend these trials.

Samuel Terry (DARC)

Adam Makepeace (TEES)

Jennifer Napora (DARC)

Halle Seymour (QEHSRC)

Isabel Johnson (TARC)

Joy Wildsmith (TURC)

British Rowing Diploma in Sporting Excellence

This qualification is supported by Gloucester Hartbury College and is worth 64 UCAS points. It is only open to rowers from state schools.

Jenifer Napora (2nd yr); Halle Seymour (1st yr); Rebecca Wearmouth (2nd yr); Joy Wildsmith (1st yr); Adam Makepeace (1st yr); Henry Welch (1st yr);

Northern Region Women's Development Training Days

For 2021-22 12 girls from the region were selected. The girls needed to be over 174cm and to have completed a 250m (r44 max) ergo in less than 52secs.

The Women's Training Days were:

Fundamentals of Powers

Strength & Conditioning

Small Boat Technical Development.

For 2022 - 2023 a further 12 girls have been selected and this year some will be selected to join the BR Start Programme.

All girls will be invited to submit data for the Performance Talent Rower Report.

Coaches were invited to apply to take part even if they did not have a rower taking part.

Several girls from the region attended the Women's Development Day on Sat.15th October 2022 at NWSC, Nottingham.

British Rowing Junior Championships 2022

The programme at Nottingham was changed again because of the weather. This time it was the prediction of very high temperatures over the weekend.

Please see the Summary Report and Results. These have already been published on the website with September's report.

Medal winners:

Johnny Cleugh (CLS) Gold in J14 1x

Harvey Burford (CLS) Gold in J16 1x

Issy Johnson (TARC) Gold in WJ15 1x

C Anderson, I Cain, E Pugh, E Nicholson, L Teague (cox) (HEX) Gold in WJ14 4x+