




Likelihood of harm	Severity of harm		
	Slight harm	Moderate harm	Extreme harm
Very unlikely	Very low risk	Low risk	Low risk
Unlikely	Low risk	Medium risk	Medium risk
Likely	Medium risk	Medium risk	High risk
Very likely	Medium risk	High risk	Very high risk

Category of risk	Evaluation of tolerability
Very low risk	Acceptable
Low risk	Risks should be reduced until they are tolerable or acceptable
Medium risk	
High risk	
Very high risk	Unacceptable

Category of risk	Tolerability; guidance on necessary action and timetable
Very low risk	These risks are considered acceptable. No further action is necessary other than to ensure that the controls are maintained.
Low risk	No additional controls are required unless they can be implemented at very low cost (in terms of time, money and effort). Actions to further reduce these risks are assigned low priority. Arrangements should be made to ensure that the controls are maintained.
Medium risk	Consideration should be given as to whether the risks can be lowered, where applicable, to a tolerable level, and preferably to an acceptable level, but the costs of additional risk reduction measures should be taken into account. The risk reduction measures should be implemented within a defined time period. Arrangements should be made to ensure that the controls are maintained, particularly if the risk levels are associated with harmful consequences.
High risk	Substantial efforts should be made to reduce the risk. Risk reduction measures should be implemented urgently within a defined time period and it might be necessary to consider suspending or restricting the activity, or to apply interim risk control measures, until this has been completed. Considerable resources might have to be allocated to additional control measures. Arrangements should be made to ensure that the controls are maintained, particularly if the risk levels are associated with extremely harmful consequences and very harmful consequences.
Very high risk	These risks are unacceptable. Substantial improvements in risk controls are necessary, so that the risk is reduced to a tolerable or acceptable level. The activity should be halted until risk controls are implemented that reduces the risk so that it is no longer very high. If it is not possible to reduce risk the activity should remain prohibited.

Risk	Probability VU / U / L / VL	Severity S / M / E	Risk level	Planned action to control risk to a tolerable level
Poor weather or water conditions	Likely	Moderate	Medium	Water conditions and weather forecast should be considered by the race committee prior to boating and relevant precautions taken. Where there is uncertainty, boats will not go out.
Unsuitable equipment	Unlikely	Moderate	low	Equipment should be thoroughly checked before boating and repaired / not used if not to the required standard. Umpires will be on-hand to carry out equipment checks.
Debris	Likely	Slight	very low	Launches will clear any debris visible. The race is to be run on an incoming tide so the start time has been moved earlier. At this lower tide level the likelihood of debris is significantly reduced Marshals in the launches will remove any debris seen.
Capsize	Unlikely	Moderate	Medium	Water conditions and experience should be considered before boating. Water safety plan cites that conditions can prove challenging.
Collisions	Unlikely	Moderate	Medium	Water navigation rules should be followed and coxes and steersmen should keep a regular look out for other vessels / obstacles.
Pontoon poles	Unlikely	Moderate	Medium	Poles are painted bright orange and will be drawn to competitors' attention by notes on the course map.
Submerged tree	Unlikely	Extreme	High	There is a submerged tree approximately 400m from the boathouse on the north bank. A buoy will be attached on the day to highlight, crews should go on the south side of the tree.
Rowing in poor light	Likely	Moderate	High	Boats will not be allowed out in dark conditions. The start time has been moved earlier to avoid this issue.
Hypothermia	Very Unlikely	Moderate	Low	Warm clothing and heaters available at the club, athletes aware of the dangers and the steps to follow. Competitors should dress appropriately for prevailing weather conditions.
Weil's disease	Very Unlikely	Moderate	Low	Athletes aware of the issues. Additional control methods: wash/shower after contact with water. no drinking the river water
Tripping hazards	Likely	Slight	Medium	Walkways of the boathouse to be kept clear and potential hazards removed where possible.
Weights and gym equipment	Unlikely	Moderate	Medium	Weights to be removed into the gym area which is race control only.
Incidents requiring medical attention	Unlikely	Moderate	Very Low	First aid team will be in attendance. Emergency numbers available at the club and additional first aid kits are also available.
Boats and blades stored on racks - falling	Unlikely	Moderate	Medium	All boats and blades are stored in a secure manner. Those in the centre of the boathouse will be removed to allow the event to take place.
Pre-existing medical conditions	Very Unlikely	Slight	very Low	All participants are required to inform the club of any pre-existing medical conditions.
Steps to the boat can get slippery.	Likely	Slight	Medium	Club members will be on hand to assist and steps will have been washed prior to use.



Race taking place in the opposite direction.	Very likely	Medium	Medium	Revised map and documents issued so that competitors, marshalls and umpires are aware.
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