



BRITISHROWING



## Northern Sunday League

- Six events of roughly 300m
- Teams of six in coxed quads
- Maximum of 5 races per day
- Equipment provided by host club!
- Participants must be silver or novice British Rowing members.

Cost: £3 per seat per day for Open or  
Entries welcome from all Northern region clubs

April 1st: Durham Amateur RC

Michael Hughes: [explorerowing@gmail.com](mailto:explorerowing@gmail.com)

May 6th: Tyne United RC

Richard Chapman: [turc.community@gmail.com](mailto:turc.community@gmail.com)

June 3rd: Tynemouth RC

Chris Dixon: [tynemouthrowing@aol.com](mailto:tynemouthrowing@aol.com)

July 1st: Tyne RC

Colin Percy: [colin.percy@blueyonder.co.uk](mailto:colin.percy@blueyonder.co.uk)

August 5th: Hexham RC

Pamela Walton: [pw Walton64@sky.com](mailto:pw Walton64@sky.com)

September 2nd: Tees RC

David Francis: [david.francis27@ntlworld.com](mailto:david.francis27@ntlworld.com)

For more details please contact James Andrews: [james.andrews@britishrowing.org](mailto:james.andrews@britishrowing.org)

# Northern Sunday League

- Cost £3 per seat per day (Not inc Cox).
- Categories: Open or Women.
- Participants must be 18+ Silver or Novice (both sculling and sweep) British Rowing members. (BR cards must be presented on race day)
- Races over approximately 300m.
- Races will take place in Stable coxed quads provided by the host club.
- A league system of one on one races.
  - One point will be won for each win .
  - Equal races for all crews on the day.
  - Maximum of 5 races per event.
  - Points will be topped up at for a series prize at the final event in September.
- Teams of 6 in stable coxed quads (Not inc Cox)
  - Changes allowed between races on day.
  - If at any point teams have more than the original 6 people crews will be forfeit to half points for each win.
  - Teams names and crew members will need to provided to ensure consistency .
  - New teams may join at any point through the series.
- Entries for Teams to James Andrews (BR PDTL) and to club representative.
- Entries must be received no later than 5pm the Wednesday before the event!