



BRITISHROWING



Northern Sunday League

- *Six events of roughly 300m*
- *Teams of six in coxed quads*
- *Maximum of 5 races per day*
- *Equipment provided by host club!*
- *Participants must be silver or novice British Rowing members.*

Cost: £3 per seat per day for Open or Women's 4x+ to be made of no more than 6 people
Entries welcome from all Northern region clubs

April 1st: Durham Amateur RC

Michael Hughes: explorerowing@gmail.com

May 6th: Tyne United RC

Richard Chapman: turc.community@gmail.com

June 3rd: Tynemouth RC

Chris Dixon: tynemouthrowing@aol.com

July 1st: Tyne RC

Colin Percy: colin.percy@blueyonder.co.uk

August 5th: Hexham RC

Pamela Walton: pw Walton64@sky.com

September 2nd: Tees RC

David Francis: david.francis27@ntlworld.com

For more details please contact James Andrews: james.andrews@britishrowing.org

Northern Sunday League

- Cost £3 per seat per day (Not inc Cox).
- Categories: Open or Women.
- Participants must be 18+ Silver or Novice (both sculling and sweep) British Rowing members. (BR cards must be presented on race day)
- Races over approximately 300m.
- Races will take place in Stable coxed quads provided by the host club.
- A league system of one on one races.
 - One point will be won for each win .
 - Equal races for all crews on the day.
 - Maximum of 5 races per event.
 - Points will be topped up at for a series prize at the final event in September.
- Teams of 6 in stable coxed quads (Not inc Cox)
 - Changes allowed between races on day.
 - If at any point teams have more than the original 6 people crews will be forfeit to half points for each win.
 - Teams names and crew members will need to provided to ensure consistency .
 - New teams may join at any point through the series.
- Entries for Teams to James Andrews (BR PDTL) and to club representative.
- Entries must be received no later than 5pm the Wednesday before the event!